

<p>Mon 1st Feb</p>	<p>A Taste Of Tuscany Fifteen Cornwall, Watergate Bay. (Until 12th Feb) Experience the authentic flavours of Tuscany with a 3 course lunch at Jamie Oliver’s restaurant for £19.50. ☎ 01637 861000 to make a reservation or book online at www.fifteencornwall.co.uk</p> <p>Lunchtime Lecture : Dodman to Blackhead Wreck and Rescue National Maritime Museum, Falmouth. 12.30pm. Join Falmouth’s senior pilot, David Barnicoat, as he reveals the deadly history of the treacherous coastline from Dodman to Blackhead. 2 course lunch and lecture £12.50. Booking essential ☎ 01326 214546</p> <p>The Seafood Restaurant, Padstow. Charity Lunches (Until 12th Feb). Enjoy a 3 course lunch at Rick Stein’s famous restaurant for £17.50 plus a £2.50 cover charge which will be donated directly to Save The Children. Booking essential ☎ 01841 532700.</p> <p>Present Laughter Theatre Royal, Plymouth. 2.30 & 7.30pm. Set in the glamorous world of theatre, <i>Present Laughter</i> is a gloriously witty portrait of the life that whirled around Noël Coward in his heyday, sparkling from start to finish with cut-glass humour and spectacular repartee. With razor-sharp wit, dazzlingly funny dialogue, captivating characters and fabulous sets and costumes, this deliciously wicked confection will delight all lovers of great comedy. £8-£22. Book your seats at Bodmin Visitor Information Centre.</p>
<p>Tue 2nd Feb</p>	<p>Winter Warmers National Maritime Museum, Falmouth. 11am-2pm</p>

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	(Also 9 th & 23 rd Feb). A special treat for the over 60's. Enjoy a wholesome traditional 2 course lunch for just £6.95 and gain free entry into the museum. Booking essential ☎ 01326 214554
Wed 3rd Feb	<p>Tom Paxton Hall For Cornwall, Truro. 7.30pm. The American folk singer and singer-songwriter has been writing, performing and recording music for over forty years. His generosity to both audiences and fellow musicians is renowned, and his passion for justice and the ties that bind people together is unwavering: for all this and more, Tom Paxton ranks as one of the most revered musicians of his generation. Tickets £17-£20. ☎01872 262466 Box Office</p>
Thu 4th Feb	<p>Bees! Cornwall Wildlife Trust, Allet. 6.30pm. Talk by Colin Reith, local beekeeper who has 20 hives and runs courses for potential beekeepers. Suggested donation £2. ☎ 01872 273939 ext 278 Joanna Wallis or Ba Whitehead to book. (CWT)</p> <p>Polite & Commercial Arts: Eighteenth Century Painting in The RCM Collection. Royal Cornwall Museum, Truro. 1-2pm. Lunchtime talk by professor Jason Whittaker. Free but booking advised as places are limited. ☎ 01872 272205</p> <p>Johann Strauss Gala Hall For Cornwall, Truro. 7.30pm. Now in its 35th glorious year. Waltz back in time to the glittering ballrooms of 19th Century Vienna with a magical mix</p>

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	of music, song and dance from the Strauss Family and Friends. Tickets £21.50- £27. ☎ 01872 262466 Box Office
Fri 5th Feb	<p>Lostwithiel Local Produce Market Community Centre, Lostwithiel. 10am-2pm. (Also 19th Feb). Wonderful homemade produce all of which is made within a 35 mile radius of Lostwithiel.</p> <p>Stephen K Amos Hall For Cornwall, Truro. 8pm. This is Stephen K Amos' third solo stand-up comedy tour of the UK. He's back with a brand new show for 2009/2010. It's full to bursting with more fun, warmth, bonhomie and love than ever before. Forget the credit crunch and welcome to The Feelgood Factor! Tickets £16.50. ☎ 01872 262466 Box Office.</p>
Sat 6th Feb	<p>Cornwall Ramblers Walk : Trebarwith Strand to Port Isaac Meet Port Isaac Car Park (SW 999 810). 10.30am. 7 miles. 4hrs. Moderate walk starting with coach to Trebarwith Strand . ☎ 07791 722771 for more info.</p> <p>Paranormal Ghost Walk Night Bodmin Jail. 10.30pm-7am. The night will be hosted by Mark Rablin, our experienced and professional physic medium & energy therapist who has many years experience of research into paranormal fields. Various group workshops will be undertaken in</p>

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	<p>elected areas of both the main civil prison, and also the naval prison, and it is expected that you will enjoy the night and gain a better understanding into the paranormal field. The night will finish at approximately 7a.m., with a full English breakfast included in the price. £70 per person. ☎ 01208 76292 to book.</p> <p>Fairport Convention</p> <p>Hall For Cornwall, Truro. 7.30pm. Fairport Convention is one of the greatest live bands on today's concert circuit. Their sell-out gigs attract critical acclaim and delight audiences. Every concert is different and the band's rich and varied repertoire ensures an exciting mix of old favourites and brand new numbers. This concert by Fairport Convention will be something very special. So be sure to book early – Tickets will sell fast. Tickets £17-£19. Box Office ☎ 01872 262466</p>
<p>Sun 7th Feb</p>	<p>Cornwall Ramblers Walk : Polruan Meet Frogmore NT car park (SX 157 517) 10.30am. 8 miles. 4.5hrs. Moderate walk to include Polruan, Pont & Trethake Mill.</p> <p>Snowdrop Sunday Pencarrow House, Washaway, nr Bodmin. 11am-4pm. Admission by donation.</p> <p>Cornish Hurling in St.Ives The game starts at 10.30am when a silver ball is thrown from the wall of the Parish Church by the Mayor to the crowd below on the beach. The ball is</p>

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	<p>passed from one to another on the beach and then up into the streets of St Ives. The person in possession of the ball when the clock strikes noon takes it to the Mayor at the Guildhall and receives the traditional reward of five shillings. At one time the game was played by the men of the village. These days it is played by the children</p>
<p>Mon 8th Feb</p>	<p>The 39 Steps Hall For Cornwall, Truro. 7.30pm. (Until 13th Feb)</p>

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Suave, stiff-upper-lip comedy from the Olivier Award-winning show 39 Steps! Spies, death, action, comedy and romance as Richard Hannay races against time to prevent a disastrous plot. Tickets £11.00- £22. Box Office ☎ 01872 262466.

Stop Messing About

Theatre Royal, Plymouth. 2.30pm & 7.30pm.(Until 13th February) set during a live recording, packed with outrageously funny sketches, parodies and songs which reunited Kenneth Williams with his Carry On co-star Joan Sims and Hugh Paddick transporting you back to a time when comedy meant being funny, with scarcely a swear word in sight. Tickets £10 - £20. Book your seats at Bodmin Visitor Information Centre.

Tue 9th Feb

Cornwall Ramblers Walk: Lostwithiel to Lanhydrock.

Meet Bodmin Parkway Station (SX 110 641).
11.15am to catch the 11.24am train to Lostwithiel

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	<p>then walk back via River Fowey Valley and Lanhydrock Woods. 5 miles. 3 hrs. Moderate walk. ☎ 01208 895389 to check train times with walk leaders prior to walk.</p> <p>Winter Apple Pruning Trelissick Gardens, nr Truro. 1.30-3.30pm. Meet at the garden entrance. Pick up tips and advice from the garden team. Normal NT admission applies.</p> <p>Hydrangea Pruning Session Trelissick Gardens, nr Truro. 11am-2pm. Discover the secret to healthy, free-flowering Hydrangeas by picking up tips and watching the Trelissick gardeners at work on the collection of over 200 different varieties in the garden. Booking not required. Normal NT admission.</p> <p>The Neil LaBute Trilogy Drum Theatre, Plymouth. 7.45pm (Until 13th Feb) Dialogue return with this stunning trilogy by award winning playwright, screenwriter and film director Neil LaBute. Dialogue is proud to present the British première of <i>The Furies</i> combined with <i>Helter Skelter</i> and <i>Land of the Dead</i>, their acclaimed hits at London's Bush Theatre. Tickets £12. Book your seats at Bodmin Visitor Information Centre.</p>
<p>Wed 10th Feb</p>	<p>Cornwall Ramblers Walk : St Cleer Meet St Cleer car park (Behind church SX 248 682). 11am. 3.5 miles. Pie and pint walk on quiet lanes and footpaths. ☎ 01579 320549 for more info.</p>

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	<p>The Revenge Of Rumpelstiltskin Keay Theatre, St.Austell. 7.30pm. Rumpelstiltskin is back, bigger, madder and out for revenge! Having been cheated out of his rightful claim to the Queen's daughter, he returns in this wonderfully original sequel to the classic fairy tale. Will Rumpelstiltskin capture the heart of Princess Tootabel, or will he be thwarted by the Prince of the Golden Halls? Miracle's breathtaking blend of comedy, music and high energy performance is a magical mixture to delight all the family. Tickets £8. Family ticket £22. Box Office ☎ 01726 226777.</p>
Thu 11th Feb	
Fri 12th Feb	
Sat 13th Feb	<p>Dowsing For Beginners Mount Edgcombe House, Torpoint. 10.30am. Try out the ancient art of dosing and learn a new skill. Walk lasts approx 2 hrs. £4 per person. ☎01752 822236 for more info.</p> <p>Ugh! Week ☺ Bluereef Aquarium, Newquay (Until 21st Feb). Discover more about the smelliest, squidgiest and slimiest marine animals and why their disgusting habits are essential for surviving in the depths. Workshops, talks and feeding demonstrations take place throughout each day.</p>

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Lighthouses – Rock On! ☺

National Maritime Museum, Falmouth. 12noon-3.30pm (Until 21st Feb). Take part in the brilliant array of lighthouse themed ‘make & take’ activities. Free activities with museum entry.

The Lighthouse Keepers Lunch ☺

National Maritime Museum, Falmouth. (Until 21st Feb). Enjoy a special reading of the children’s classic ‘The Lighthouse Keepers Lunch’ told by the museum’s own ‘Lighthouse Keeper’. Free activity with museum entry. ☎ 01326 214532 to check times.

Lights Search ☺

National Maritime Museum, Falmouth. (Until 21st Feb) Search to find all the Cornish Lighthouses hidden around the museum. Free activity with museum entry.

Birdbox Making ☺

Meet Cornwall Wildlife Trust, Allet. 11am. Make a nest box for your garden birds. You will be provided with tools, instructions, raw materials & expert help, bring an adult to help with the hammering and sawing. For children 7+ yrs. Places limited so ☎ 01872 273939 ext 203 to book by 5th Feb. (CWT)

Kids’ Capers at Cotehele ☺

Cotehele House, nr Saltash. (Until 21st February) 1pm-3pm. Family fun during the ½ term week. Normal NT admission applies.

Pancake Puddings

Lanhydrock House, nr Bodmin. 12noon-3pm. Enjoy some special puddings before pancake day. £3 per pudding. Normal NT admission applies.

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	<p>Valentine's Luxury Dining Train ♥ Bodmin and Wenford Railway. 7pm. Also 14th Feb at 1pm. Why not treat that special person in your life to some old fashioned romance and a sumptuous meal in glorious surroundings on board a special steam-hauled train over the Valentine's weekend. £34 per person. Advance booking essential ☎ 0845 125 9678.</p> <p>Fascinating Philippines Trail Newquay Zoo (Until 1st April). Discover more about the animals, plants and everyday items from one of the zoos overseas conservation project areas.</p> <p>Shaun The Sheep at Eden ☺ Eden Project, nr St Austell. (Until 21st Feb). Shaun The Sheep comes to the Eden Project. Try out claymation and learn to make a character from the TV series, sessions at 11am, 12noon, 2pm & 4pm. £2 per child. Booking advisable ☎ 01726 811972. Also see the actual set and meet characters from the series, prize activity sheets to complete and help make a giant plasticine collage of the world.</p>
<p>Sun 14th Feb</p>	<p>Lostwithiel Antiques Fair Community Centre, Lostwithiel. 10am-4.30pm. 40 quality stands, free parking, refreshments. 50p admission.</p> <p>Cornwall Ramblers Walk : Perranporth Meet beach car park (SW 757 545). 10.30am. 6 miles. 4hrs. Moderate walk to include Reen & Cocks Lambourne area. ☎ 01872 571653 for more info.</p>

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Love at Lanhydrock ♥

Lanhydrock House, nr Bodmin. 7-9pm. Romantic Valentine's supper in the historic restaurant. £29 per person. Booking essential ☎ 01208 265951

Romance With Robbie ♥

Carnglaze Caverns, St Neot. 7pm. Robbie Williams tribute starring Matthew Holbrook. Tickets £15. Bar at interval. Box Office ☎ 01579 320251

Tamar Bird Watching Cruises

Depart Saltash Quay 11.45am (Also 28th Feb 11.00am) A 3 hour cruise on the Rivers Tamar and Lynher with a full commentary by leading ornithologist Bruce Taggart. RSPB Staff onboard for help and advice. Improve your bird identification skills and learn about the ecology of one of the most important rivers in the South West. We hope to see Little Egret, Shelduck, Wigeon and other wintering wildfowl, Curlew, Oystercatcher, Black-tailed Godwit and of course the stunning Avocets. The boat has a large open upper deck and an enclosed cabin with large picture windows enabling comfortable

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	viewing. Hot refreshments, bar and toilet facilities on board. Adults £10, child £6. ☎ 01752 829163 for tickets.
Mon 15th Feb	<p>Build A Bird A Home ☺ Cardinham Woods, nr Bodmin. 10 am-3.30pm. Come along and make a bird box to take away with you. £6 per box. 1¹/₂ hr slots, booking essential ☎ 01392 834233.</p> <p>Traditional Crafts – Rag Rugs Tintagel Old Post Office. (Until 19th Feb) 11am-3.30pm. Come and help make a new rag rug for the property and find out more about this homely craft. Any scraps of material you wish to donate will be gratefully received. Booking not required. Normal NT admission applies.</p> <p>Kitchens Special Opening Lanhydrock House, nr Bodmin. 11am-4pm (until 21st Feb). Celebrate the start of spring in the garden and get hands-on in the magnificent Kitchens. Preview week before the house opens on March 13. Normal NT admission applies.</p> <p>An Evening of Comedy Lane Theatre, Newquay. 8pm (Until 20th Feb). The first play of 2010 at the theatre – just what you need to blow the cobwebs away. All tickets £7. Box office ☎ 01637 876945.</p>
Tue 16th Feb	‘Explorer’ Half Term ☺

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Royal Cornwall Museum, Truro. Join the museum as they launch their revamped Cornish Gallery and go exploring with the new Explorer Backpacks courtesy of Foot Anstey. Free event.

Garden Tours

Lanhydrock House, nr Bodmin. 12pm (until 19th Feb & 23rd-26th Feb). Tour the wonderful grounds with expert volunteer guides. £2 per person. Normal NT admission applies.

Half Term Spring Fun ☺

Trelissick Gardens, nr Truro. 11am-4pm. (Until 18th Feb). Activities for all the family in and around the garden at Trelissick. Normal NT admission applies.

Drop-in Mask Workshop ☺

Trebah Gardens, Mawnan Smith. 11am-1pm. £2 per child including all materials.

Cornish Hurling in St Columb

A physical battle which is played with a small silver ball on the streets and in the surrounding countryside, between the "Townsmen" and "Countrymen" of the parish,

The 'winner of the ball' is carried on the shoulders of two team mates back to Market Square, to strains of the hurling "song". Here he calls up the ball, declaring "Town Ball" or "Country Ball", depending on the side to which he belongs. From there the ball is taken to several local hostelrys and dunked into 'silver beer' which is then shared out between the hurlers.

The Hobbit

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	<p>Theatre Royal, Plymouth 2.30pm & 7.30pm.(Until 21st Feb). Enjoy the sights, sounds and magic of the best selling fantasy novel ever written, in this thrilling adaptation, perfect for Hobbit fans young and old. Tickets £10- £21. Book your seats at Bodmin Visitor Information Centre.</p>
<p>Wed 17th Feb</p>	<p>Johnny Cowling Hall For Cornwall, Truro. 7.30pm. Hailing from Cornwall, Johnny Cowling has been compared to the comedy genius of Jethro... with a good measure of Tommy Cooper to boot. With his unique blend of humour and music, plus a rare affinity to bond with his audience, Johnny can belt out a song almost as good as Elvis (his words). Hugely popular in the South West of the UK, Johnny recently ventured further afield as the support act for Paddy McGuinness. The tour was a huge success and left the audience in absolute hysterics. Tickets £16. Box Office ☎ 01872 262466</p> <p>Short Play Festival Drum Theatre, Plymouth. 7.45pm. (Until 21st Feb).</p>

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	<p>Each evening three newly formed theatre companies from within the People's Company will give you their take on Socrates' quote: one using an existing text by an established playwright, one a new script by a People's Company member, and the other presenting their own piece devised from scratch. Tickets £7. Book your seats at Bodmin Visitor Information Centre.</p>
<p>Thu 18th Feb</p>	<p>Cornwall Ramblers Walk : Delabole Meet Delabole Quarry Car Park (SX 074 836). 10.30am. 4.5 miles. 2.5hrs. Leisurely walk to include Newhall Green, Treveans, Deli Farm. ☎ 01208 832136 for more info.</p> <p>'Gigantic' Half Term Fun ☺ Royal Cornwall Museum. 10am-4pm. A range of fun based family activities based on the famous painting 'The Cornish Giant'. Free event.</p> <p>Half Term Family Fun ☺ Glendurgan Garden, Mawnan Smith. 10.30am-4pm (Until 20th Feb). Join in with some fun spring-time activities for all the family around the garden at Glendurgan. Normal NT admission applies.</p> <p>Children's Drop-In Clay Modelling Workshop ☺ Trebah Gardens, Mawnan Smith. 11am-1pm. £2 per child, includes all materials.</p>

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	<p>Errol Kennedy's Imagination Hall For Cornwall, Truro. 7.30pm. One of the three original members of Imagination, Errol Kennedy, brings his band to hall for Cornwall for one night only. Hear their greatest hits; Body Talk, In and Out of Love, Flashback, Just an Illusion and much more. A must for fans of live soul-funk music. Tickets 15-£17.50. Box Office ☎ 01872 262466.</p>
Fri 19th Feb	<p>Murder Mystery Night The Bran Restaurant, Cotehele House, nr Saltash. 7-11.30pm. Join the Cotehele team and professional actors to solve Cotehele's first murder! £40 per person. Booking essential ☎ 01579 352711 to find out more.</p> <p>Stewart Lee Hall For Cornwall, Truro. 7.30pm. This tour follows his acclaimed BBC TV series STEWART LEE's COMEDY VEHICLE. "The funniest, most cliché-free comedian on the circuit" Ricky Gervais "Surreally brilliant" The Times. Tickets £16.50. Box Office ☎ 01872 272466</p>
Sat 20th Feb	<p>Murder Mystery Evening Mount Edgcumbe House, Torpoint. 7pm. Join the Candlelight Theatre Company for a distinctly archaeological evening and murder most horrid! £35.00 per person to include a 3 course meal and cocktail. Booking is a must for this popular event. ☎</p>

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	<p>01752 822236.</p> <p>Trebah Talks : Gardens For The Future The Vinery, Trebah Gardens, Mawnan Smith. 11.30am. Talk with Richard Sneesby , course leader BA (hons) in Garden design at University College Falmouth. Normal garden entry rates apply. Booking essential ☎ 01326 252200.</p>
Sun 21st Feb	<p>Hello Dolly! Workshop Mount Edgumbe House, Torpoint. 10.30am- 3.30pm. A fun day creating loveable and extraordinary new miniature art dolls. £30.00 per person. Booking essential ☎ 01752 822236</p> <p>Wonderful Winter Photos Meet Kit Hill summit car park (SX375 713) 9am-12 noon. Learn how to take great wintery photos on Kit Hill, how to compose a shot and take close up and landscape photographs. £2 per adult. Booking essential ☎ 01872 323468. (CED)</p> <p>Holiday and Travel Show 2010 Hall For Cornwall, Truro. 10am-4pm. This is a free event with cinema presentations throughout the day and numerous chances to win holiday prizes! If you are seeking some inspiration for your summer holiday during this chilly, dark and damp time of the year why not come along and take a look?</p>
Mon 22nd Feb	<p>An evening with dormice Meet Luxulyan Village Hall (SX050 583). 7.30pm. An illustrated talk by Jenny Stuart on these charming</p>

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	and elusive creatures. £1.50. Booking not necessary. (CWT)
Tue 23rd Feb	<p>Cornwall Ramblers Walk : Luxulyan Valley Meet Pons Mill (SX 073 561) 1pm. 5 miles. 2.5 hrs. Moderate walk to include Luxulyan Valley and Luxulyan Village. ☎ 01726 813833 for more info.</p> <p>Room On The Broom ☺ Hall For Cornwall, Truro. Various times. (Also 24th Feb). A spellbinding new adventure from the creators of the international hit stage show 'The Gruffalo'. A magical musical delight for children aged 3+. Tickets £7.50-£12. Box Office ☎ 01872 262466.</p>
Wed 24th Feb	<p>Discovery Talk : Living On The Edge – The Lighthouse Keeper’s Story National Maritime Museum, Falmouth. 6.30pm. Join Gordon Partridge, a lighthouse keeper for most of his working life will endeavour to tell the ‘inside story’ of life in a lighthouse. Lecture £7 with 2 course buffet £16. Booking essential ☎ 01326 214546</p> <p>Early Interest in Trelissick Garden Trelissick Garden, nr Truro. 1.30-3.30pm. Meet at the garden entrance. A guided walk to find out how winter has affected the early spring blooms in the garden. Normal NT admission applies.</p> <p>The Hofesh Schecter Company Theatre Royal, Plymouth. 7.30pm (Also 25th Feb). The company present ‘Uprising’ and ‘In Your Rooms’. Tickets £12-£23. Book your seats at Bodmin Visitor Information Centre.</p>

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Thu 25th Feb	<p>London Mozart Players Hall For Cornwall, Truro. 8pm. A programme of great romantic music for strings including Mendelssohn's rarely heard youthful masterpiece. Tickets £20-£22. Box Office ☎ 01872 262466.</p>
Fri 26th Feb	<p>Bright Young Stars Shine For Precious Lives Hall For Cornwall, Truro. 7.30pm. This performance brings together some of the brightest young talent in the county to offer a diverse evening of entertainment compered by Bob McCredie from Pirate FM. Tickets £12. Box Office ☎ 01872 262466.</p>
Sat 27th Feb	<p>Cornwall Ramblers Walk : Bodmin Moor Meet Rough Tor car park (SX 138 819). 10.30am. 12 miles. 6hrs. Moderate walk to include Watergate, Harpur's Downs, King Arthurs Hall, Brown Willy. ☎ 01566 773829 for more info.</p> <p>Name That Tree! Lanhydrock House, nr Bodmin. 10am-12 noon. Can't tell your ash from your oak or birch from your beech? Stroll around the Lanhydrock estate learning the key ID features of the most common trees. £5 per adult, £2 child. Booking essential ☎ 01208 265950</p> <p>The Creation Liskeard Methodist Church. 11am-5.30pm. Join The East Cornwall Bach Choir as they rehearse and perform Haydn's 'The Creation'. Performance 7pm. Singers £12, Audience £5. Download an application from at www.ecbc.co.uk or ☎ 01752 846102</p>

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	<p>Barbara Dickson Hall For Cornwall, Truro. 8pm. One of the UK's most popular and versatile singer/actresses comes to Hall for Cornwall for one night only. Well known for her songs such as "January February" and her no1 single "I Know Him So Well", recorded with Elaine Paige, Barbara also has a respected acting career. Tickets £19-£21.50. Box Office 01872 262466.</p>
<p>Sun 28th Feb</p>	<p>Cornwall Ramblers Walk : Padstow Meet Padstow upper car park (SW 916 752). 10.30am. 9 miles. 5hrs. Moderate circular walk from Padstow to Harlyn Bay. ☎ 07971 194190 for more info.</p> <p>Birds Of Prey Photography Meet Screech Owl Sanctuary, Indian Queens. 10am-12noon or 1pm-3pm. Photograph owls and other birds of prey in captive but natural(ish!) surroundings. ☎ 01736 850287 group leader David Chapman to find out cost and to make sure the trip is still going ahead. (CWT).</p> <p>Survival and Shelter Building ☺ Meet in lay by just past the entrance to the Pendarves Wood reserve on the Camborne to Helston Road (SW 640 376). 10am-12 noon. Could you find your way out of a wood on your own? Could you survive overnight? Find out how to make a shelter and find food and water. Places limited so booking essential ☎ 01872 273939 ext 203. £8 per child or free to Fox Club members. (CED)</p>

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